OBJECTIVES

- The Road to Residency and Fellowship
  - Medical School
  - Encouraged Activities
- Choosing a Residency Program
- Resources
- AMSSM Student Membership
First and foremost...Focus on doing well in your medical school courses!

Make contacts in Sports Medicine
- AMSSM website-local docs, mentorship program, etc.
- Co-students interested in sports medicine at your medical school
- Residents interested in a PCSM fellowship or PCSM Fellows/Faculty at your institution
- Word of mouth
ENCOURAGED ACTIVITIES

- National Organization Membership:
  - AMSSM, ACSM, AIUM, AAFP/AAP/ACP/AAPMR/AAEM

- Get involved locally!!
  - High School Coverage
  - Participate in coverage of mass participation events
  - Give talks to community groups
  - Join your Sports Medicine Interest Group or Start your own!!

- Primary Care Activities

- Look Ahead- Links on AMSSM Website
  - Review “A Road Map to a Sports Medicine Fellowship”
  - Review “Fellowship Preparation Track”
Choose the program that best fits you and your career goals.

Remember, your first priority is your Primary Care Education!!

Fellowships accept residents from Family Medicine, Internal Medicine, Pediatrics, PM&R, Emergency Medicine
  - Important to note more available positions for Family Medicine Residents

Consider Residency Programs that have a Primary Care Sports Medicine Affiliation
  - Exposure to Residents interested in PCSM Fellowship
  - Exposure to Fellows/Faculty-Mentorship Opportunities
  - Easier Access to Event Coverage

If program is not affiliated with a PCSM Fellowship....

Fellowship Preparation Track
  - Serves as a Curriculum Adjunct for MSK
  - Designed to provide exposure to PCSM beyond core residency education
  - Aid non-fellowship affiliated residents
RESOURCES

- www.amssm.org
  - This presentation
  - A Road Map to a Sports Medicine Fellowship
  - FAQ
  - Membership Application
  - Resident Scholarship
  - Fellowship Preparation Track

- www.aoasm.org
- www.acsm.org
- www.nrmp.org
- www.aafp.org
- www.aap.org
RESIDENTS / STUDENTS

AMSSM Resident Presentation
A road map to a Sports Medicine Fellowship

AMSSM Frequently Asked Questions

1) What type of residency should I choose to be eligible for primary care sports medicine? An applicants should evaluate their interests and goals for the future when they choose sports medicine can do a residency in family medicine, pediatrics, internal medicine physical medicine and rehabilitation. Most primary care sport medicine physicians choose medicine due to the larger amount of fellowship openings for family medicine trained physicians.

2) How do I research individual fellowships? A listing of fellowships can be found on the AMSSM (http://www.amssm.org), AAFP (http://www.aafp.org), and individual fellowship websites. Attending the AMSSM annual meeting can provide information that is not found online.

3) How do I decide which programs to apply? You should decide: what area of the country you would like to train in, do you want a program to work with a specialist in the fellowship, are you interested in doing research, etc.

How to Match in Sports Medicine - Recommended Activities

American Medical Society of Sports Medicine (AMSSM):
- National primary care sports medicine organization
- Website: www.amssm.org
- Become a member as a resident
- Go to annual conference during second year (spring) or earlier
- Sponsored journals: Clinical Journal of Sports Medicine, British Journal of Sports Medicine

American College of Sports Medicine (ACSM):
- National sports medicine and exercise science organization
- Website: www.acsm.org
- Become a member as a resident
- Go to annual conference during second year (spring) or earlier

Away Rotation:
- At fellowship of interest
- At fellowship with known faculty within AMSSM (future letter of recommendation)

Residency Directors/Faculty (“Fellowships” Section)

Fellowship Preparation Track
PRIMARY CARE SPORTS MEDICINE
ADDITIONAL EDUCATIONAL RESOURCES

AMSSM Fellow Resources
A collection of videos and online resources that we hope are helpful to Sports Medicine fellowship

Home  Videos  Radiology Resources  Prevention  Rehabilitation  Sports Medicine

Thursday, August 25, 2011
Welcome
This site is designed by the AMSSM Fellowship Committee for the benefit of current fellows. Please explore the resources and comment on what you like and what you don't like. If you have any suggestions for good resources on the internet please let us know.

Posted by Aaron at 2:35 PM  0 comments

You can access this website at  amssm.blogspot.com  (You do not need a Login)
AMSSM STUDENT MEMBERSHIP

- **Membership fee- $30 (one time fee during entire student status)**
  - Compare to: Active Member / Associate Member Affiliate - $350/year

- **Benefits of membership:**
  - being part of a national society of sports medicine physicians recognized for their expertise and leadership
  - reduced registration for the AMSSM Annual Meeting and other AMSSM courses
  - being eligible to submit and present case/research abstracts at the Annual Meeting
  - attending the Fellowship Fair at the Annual Meeting for students and residents to connect with fellowship programs
  - access to sports medicine physicians in the community for collaboration and mentorship opportunities
  - subscription to the AMSSM Newsletter (electronic) which includes the latest information in sports medicine
  - access to “Members Only” content on the website such as educational material and online forums to discuss issues in sports medicine
  - online access to the AMSSM Career Center
  - a “Craig Young Student Membership” t-shirt with AMSSM logo
AMSSM STUDENT MEMBERSHIP

- Application can be found at the following link: 
  http://www.amssm.org/Residents-Students.html
Coming Soon!!

- AMSSM members have acknowledged the need to provide more educational materials for its student members and will be working on this project throughout the upcoming year.

- Material will be posted to the AMSSM Website as they become available.
Usefulness of Survey
- Learn viewpoints of resident and medical student members
- Identify goals of subcommittee for upcoming year
- Identify ways to improve website & resources
- Data is presented to the Membership Committee

Your Opinion Matters!!
- Prior to next year’s Annual Meeting, a survey will be sent to all of the resident and medical student AMSSSM members
- We appreciate your participation