Thank you for your membership and contributions to AMSSM and the greater sports medicine community. This past year has been marked by the 25th anniversary celebration looking back at the founding of AMSSM, the launch of the AMSSM Collaborative Research Network and the passage of the Sports Medicine Licensure Clarity Act in the U.S. House of Representatives. As you review this report, please consider what you can do to continue supporting AMSSM and the AMSSM Foundation in the year ahead.

The AMSSM Foundation is dedicated to the support and recognition of excellence in sports medicine education, research and scientific activities, while promoting opportunities for humanitarian outreach.

Halpern Family Fund Created
AMSSM Founder Brian Halpern, MD and his wife Karen created the Halpern Family Fund within the AMSSM Foundation to support AMSSM’s Humanitarian outreach and service initiatives in perpetuity. The Halperns have contributed a total of $20,000 to the endowment fund, which will be used to support the Humanitarian outreach and service initiatives such as the AMSSM Foundation Annual Meeting Service Project, the Foundation’s Local Sports Medicine Community Service Project Grant Program and Global Sports Medicine Service Grants.

www.amssm.org
ANNUAL MEETING

AMSSM reached a significant milestone with its 25th Annual Meeting from April 15-20, in Dallas, TX, where many of the organization’s Founding members were involved. The theme was “Back to the Future, Celebrating 25 Years of AMSSM” and highlighted the past, present and future of sports medicine. Four original Founders opened the meeting on this topic, including Drs. John Lombardo, Doug McKeag, Jim Puffer and E. Lee Rice. Several other Founders also took part in the proceedings, and Matt Gammons, MD was installed as AMSSM President. A number of renowned speakers both international and domestic spoke on a broad range of topics.

25th Anniversary Video

For this historic meeting, AMSSM produced a 25th Anniversary video, 25 Years of AMSSM: Past, Present and Future. The production featured 10 of AMSSM’s Founders, including eight Past Presidents, who shared stories about the organization’s rich history. The video serves as a living historical document and offers a compelling and eye-opening look at the 25-year history of AMSSM and what the future holds for our growing organization.

2016 Traveling Fellows Tour Italy

The third year of AMSSM’s International Traveling Fellowship featured a two-week journey through Italy in December 2016 with a series of visits and speaking opportunities at a variety of sports medicine institutions throughout the country. AMSSM Founder and Past President Rob Johnson, MD served as the Senior Traveling Fellow during the tour, and Andy Peterson, MD, MSPH and John Wilson, MD, MS took part as the Junior Traveling Fellows. The Traveling Fellowship Program offers an opportunity for academic exchange and clinical immersion for sports medicine physicians to teach and learn sports medicine on a global level.

The 2016 AMSSM Fellows Conference drew record numbers during an action-packed weekend in Cincinnati, OH from July 28-31. The three-day conference attracted 116 sports medicine fellows, who learned a wide variety of techniques and information from the faculty, led by Fellows Conference Chair Paul Gubanich, MD, MPH.

$162,000 in AMSSM Education initiatives funded by the AMSSM Foundation

“Learning about such important sports medicine topics as sideline management, ultrasound, leadership development and research design alongside other fellows from across the country was the perfect way to start my fellowship year!”

— Andrea Kussman, MD
**Collaborative Research Network**

AMSSM and the AMSSM Foundation approved $300,000 in support for a CRN RFP to fund one or more quality, multi-site research proposal(s) submitted by the AMSSM membership base. The RFP aims to capitalize on promising research ideas in one of the five identified priority areas or another topic area of interest with strong potential to make an immediate impact in the field.

The CRN and AMSSM’s Board of Directors have identified five priority research areas for 2017-2018 based on feasibility, funding potential, AMSSM membership interest and potential impact on the practice of sports medicine.

Priority areas include:
- Bone Health
- Cardiac Screening
- Concussion
- Sports Specialization and Athletic Performance
- Ultrasound

More details will be announced during the 2017 Annual Meeting.

**2016 AMSSM Annual Meeting**

2016 Best Overall Research Award

*John Leddy, MD* for his research titled, Predictors of Recovery in Adolescents with Acute Sports-Related Concussion (SRC).

2016 NCAA Research Award

*Erin Hammer, MD* for her research titled, Association Between Female Athlete Triad Cumulative Risk Assessment and In-Season Stress Fracture in Collegiate Cross-Country Athletes.

**Harry Galanty Young Investigator Award**

*Drew Glover, MD* for his research titled, A Survey of Alcohol Use and Effects on College Athletes Year 2.

**2016 AMSSM/ACSM Research Grant** — M. Alison Brooks, MD, MPH for her research titled, Knowledge of Sport Volume Recommendations and Attitudes and Beliefs towards Sports Specialization.

**2017 Young Investigator Research Grant Recipients**

- **Jessica Knapp, DO** – The Female Athlete and the Dynamic Relationship of Body Image Drives, Disordered Eating, Self-Esteem and Risky Sexual Behavior
- **Katherine H. Rizzone, MD, MPH** – Lead Levels in Adolescents with Stress Fractures
- **Erin Hammer, MD** – Driving after Concussion: Association Between Concussion Symptoms Severity, Neurocognitive Tests and a Computer-Based Risk Awareness Program
- **Prakash Jayabalan, MD, PhD** – A Comparison of the Acute Effects of Walking an 18-Hole Golf Course Versus Using a Motorized Golf Cart in Subjects with Knee Osteoarthritis

**2017 AMSSM Foundation Research Grant Award Recipients**

- **Neeru Jayanthi, MD** – Prevention of Re-Injury in Youth Athletes (PRIYA)
- **Andrew Watson, MD** – The Impact of Sport Specialization on Injury and Illness in Youth Athletes
- **Adam Tenforde, MD and Kathryn Ackerman, MD** – Influence of Bone Biology, Biomechanics and Anatomy to Bone Stress Injury by Location in Female Runners
- **Sara Gould, MD, MPH** – Validating the Borg Scale of Perceived Exercise Intensity During Pregnancy Among Obese Women

$250,000 in AMSSM research initiatives funded by the AMSSM Foundation
Advocacy

Uphold and promote priority issues in sports medicine affecting members, patients and their communities. Specifically, those issues affecting payment and scope of practice of AMSSM members will be emphasized.

AMSSM Relaunched Key Advocacy Efforts on State and National Levels

One of AMSSM’s strategic priorities is to monitor state legislation and regulations and be prepared to enlist member support on issues that will impact sports medicine physicians and our patients. To assist those efforts, dozens of AMSSM members are serving as State Legislative Contacts to help further advocacy efforts in their individual states on a grassroots level. See the AMSSM Legislative Handbook for details.

Sports Medicine Licensure Clarity Act Passes U.S. House; Reintroduced in Senate

The U.S. House of Representatives passed the Sports Medicine Licensure Clarity Act (H.R. 302) by voice vote in January 2017, an important development in AMSSM’s legislative efforts. AMSSM and a coalition of sports medicine organizations, including the National Athletic Trainers’ Association and the American Academy of Orthopaedic Surgeons, worked closely with members of Congress during the past few years to gain momentum for the bill. The 2015-16 version of the bill (H.R. 921) garnered 190 sponsors and passed the House on Sept. 12, 2016, but the bill was not approved by the Senate.

H.R. 302 clarifies medical liability rules for sports medicine physicians, athletic trainers and other medical professionals to ensure they’re properly covered by their liability insurance while traveling with athletic teams in another state. An identical version of the bill was reintroduced in the Senate in April 2017. If the bill receives a passing vote in the 2017-2018 U.S. Senate, it will go to the President’s desk for final signature to make it a law.

2017 Collaborative Solutions for Safety in Sport Meeting

The 2017 Collaborative Solutions for Safety in Sport (CSSS) meeting took place in Kansas City, Mo. on March 28-29, 2017. This was the third year leaders from the 51 state high school associations came together to address health and safety issues related to high school athletics with leaders from AMSSM and NATA.

“The CSSS meetings over the past few years have been an unprecedented opportunity for AMSSM to affect policy change for high school athletes at a state by state level. These changes over time will save lives and reduce morbidity due to injury.”

— Verle Valentine, MD
Cardiac Screening Position Statement

AMSSM released the AMSSM Position Statement on Cardiovascular Preparticipation Screening in Athletes: Current Evidence, Knowledge Gaps, Recommendations and Future Directions. Past Presidents Jon Drezner, MD and Fran O’Connor, MD, MPH served as the Lead Authors on the Position Statement, which was published in the Clinical Journal of Sport Medicine, the British Journal of Sports Medicine and Current Sports Medicine Reports.

Developed by an expert panel of primary care sports medicine physicians representing all perspectives on cardiovascular screening, the statement provides a balanced assessment of the current evidence and knowledge gaps regarding cardiovascular screening in athletes. The Position Statement also featured invaluable contributions from AMSSM Past Presidents Robert Dimeff, MD, Karl B. Fields, MD and Kimberly Harmon, MD and AMSSM members Irfan Asif, MD, Chad Asplund, MD, MPH, David Bernhardt, MD, David Price, MD and William Roberts, MD, MS.

International ECG Guidelines Published

The International Criteria for ECG Interpretation in Athletes consensus guidelines were published in three prominent journals in March 2017. Sixteen organizations from around the world endorsed the guidelines, which were the outcome of the 2nd Summit on ECG Interpretation held in Seattle, Wash. in 2015. This unique collaboration among world leaders in sports cardiology provided updated standards for ECG interpretation in athletes and a clear guide to the secondary evaluation of ECG abnormalities.

“SportsMedToday.com is experiencing rapid growth in patient content, particularly with regards to medicine based topics. This expansion, paired with the introduction of a newly designed, more user-friendly website, should greatly benefit the education of our patients.”

— Kyle Goerl, MD
The AMSSM and AMSSM Foundation introduced a new program in 2016 offering AMSSM members an opportunity to apply for funding to conduct local service projects. Five $2,000 grants were awarded for projects completed around the country in the summer of 2016 in the inaugural year of this program.

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2017 FOUNDATION SUPPORTERS

GOLD LEVEL ($50,000 - $99,999)

- Össur Americas
- Sanofi Biosurgery

SILVER LEVEL ($25,000 - $49,999)

- DJO Global
- FUJIFILM SonoSite, Inc.
- NCIA
- Sonex Health

BRONZE LEVEL ($10,000 - $24,999)

- Fidia Pharma USA, Inc.
- GE Healthcare
- Philips