We are pleased to share our 2014-15 Annual Report, which provides a look back at the past year and a look ahead at What’s Next for AMSSM.

One of the highlights of this past year has been the launch of SportsMedToday.com, AMSSM’s public-focused website designed to serve as a comprehensive sports medicine resource for athletes, coaches and parents. The website features more than 100 tip sheets and resources related to sports medicine conditions. It represents a great coming together for AMSSM, a project kicked off by a Branding and Marketing task force commissioned by past President John DiFiori, MD that has paired up dozens of Fellows with subject matter experts to create valuable information for the public. A huge thanks to Amy Powell, MD and George Pujalte, MD and their writing teams for an outstanding job. The website also features the quarterly Sports Medicine Today newsletter that is edited by Jeff Bytomski, DO. The website, tip sheets and quarterly newsletter are fantastic new resources for the public.

We’d encourage you to print these PDF tip sheets for your offices, link to your practice website and point patients and parents to SportsMedToday.com within your practices.

This Annual Report also highlights the generosity of our AMSSM members, industry partners and sponsors who have been key to AMSSM’s continued growth and success.

As we look ahead at What’s Next for AMSSM, we realize it can’t happen without you. Thank you for the continued involvement and support of AMSSM and our profession.

www.amssm.org
www.amssmfoundation.org
Following a successful Sports Ultrasound Pre-Conference and S.T.E.M. Course, the core of this year’s Fellows Research and Leadership Conference focused on research—alternating between short lectures and small groups to assist fellows with tips on reading research articles, hypothesis development, study design, surveys, biostatistics, presenting, utilizing technology resources, getting published and getting funded. The small group time in particular was important in guiding the Fellows with the process of defining their research projects and constructing abstracts for the coming year. An introductory ultrasound course was also offered.

MOVING FORWARD IN EDUCATION

Serve as the premier educational resource for sports medicine physicians

$225,000 in AMSSM Education initiatives funded by the AMSSM Foundation

ANNUAL MEETING

New Orleans was the setting for the AMSSM 23rd Annual Meeting from April 5-9, 2014 with 1,472 sports medicine physicians and health professionals from across the US and 10 countries in attendance. The general theme of the meeting was “Keep the Good Times Rolling: Staying Healthfully Fit” and it featured a broad spectrum of topics including ethics in sports medicine, components of being a team physician including transition from team physician to first responder and a session dedicated to working with performing artists.

“The AMSSM is a welcoming organization to members in training. AMSSM demonstrates its value of their young members by providing mentoring as well as investing in trainees’ education via the fellows conferences, scholarship and grants. The AMSSM encourages early involvement and as a fellow liaison I can contribute and be an active member of this organization.”

- Caitlyn Mooney, MD, AMSSM member

Traveling Fellowship Back From Down Under!

After many years of anticipation, AMSSM launched a Traveling Fellowship program in 2014. AMSSM founder Jim Puffer, MD served as the first Senior Fellow with Chad Asplund, MD and Irfan Asif, MD being selected as Junior Fellows for the tour to Australia. The tour schedule and the respective hosts included: Melbourne with Peter Brukner, MBBS; Canberra with Peter Fricker, MBBS and Sydney with John Orchard, MBBS, MD, PhD. The 2015 Traveling Fellowship will head to South Africa.

ECG Interpretation in Athletes Initiative

In late February, the 2nd ECG Interpretation in Athletes Summit took place in Seattle, Washington. The Summit brought together top US and international sports cardiologists and primary care sports medicine leaders to update the criteria for the free online learning modules. These modules help physicians more accurately interpret ECG results to improve cardiac safety. To date 13,000 modules have been completed by 5,000 physicians from 117 countries. The modules were produced by AMSSM, supported by FIFA and hosted on BMJ Learning’s site. To view the modules visit learning.bmj.com.

What’s Next In Education?

Efforts are underway to incorporate sports ultrasound into the educational requirements for sports medicine fellowships and provide appropriate training for members. A Sports Ultrasound Task Force is working to establish appropriate Sports Ultrasound training as an ACGME requirement such that physicians will be deemed competent to perform sports medicine-appropriate ultrasound by virtue of their fellowship training; assist with the training of faculty to implement the sports ultrasound curriculum; provide additional tools for fellows to achieve the ACGME requirements; and facilitate research related to sports ultrasound.
2nd AMSSM-ACSM Clinical Research Grant Award Recipient
- Daniel Herman, MD — Assessment of Neuromuscular Performance Deficits and Recovery after Concussion: Implications for Anterior Cruciate Ligament Injury Risk.

2015 AMSSM Foundation Young Investigator Grant Award Recipients
- Lauren Porras, MD — Accuracy of Novice Interpretation of Pre-participation Screening Electrocardiograms and Improvement with Online Training
- Irfan M. Asif, MD — Examining Vulnerable Collegiate Athletic Populations for Silent Injury: The Psychological Impact of Cardiovascular Screening
- Julie C. Wilson MD — Impact of Cervical Strengthening Program on Concussion Incidence in Adolescent Athletes

2015 AMSSM Foundation Research Grant Award Winners
- William Micheo, MD — Epidemiology of Judo Injuries in Puerto Rico
- M. Alison Brooks, MD, MPH — An Analysis of Sport Specialization in the High School Setting and its Effect on Lower Extremity Biomechanics
- Aurelia Nativ, MD and Michael Fredericson, MD — Prevention of Stress Fractures and Bone Stress Injuries through Risk Stratification and Nutritional Intervention in Male and Female Distance Runners

“Being an AMSSM member allowed me to network with other colleagues, advance my clinical knowledge and skills, and obtain research funding for clinical sports medicine studies. I was able to advance my career as a physician and a scientist. As an AMSSM member, I feel strongly about giving back through the AMSSM Foundation so that the patients we serve may continue to receive the highest level of care.”
- Alison Brooks, MD, MPH

What’s Next In Research?
AMSSM Practice-Based Research Network...
As part of its 2015-17 strategic plan, the AMSSM Board is building a roadmap for the creation of a Practice-Based Research Network (PBRN) housed within AMSSM that would include the development of a unique organizational database to track key data points related to sports medicine. To help develop, administer and lead the PBRN, AMSSM plans to hire a research coordinator with the primary role of helping facilitate the collection of practice data from AMSSM members; to offer specific task support for multi-center research performed within the AMSSM membership; identify grant funding opportunities, develop grant proposals and help raise grant support to support projects. This position will also be responsible for enrolling practice sites helping with training and certification. To oversee the research network, AMSSM will create a PBRN team that is responsible for oversight and direction of the PBRN.

2014 Best Overall Research Award Winner
- Robert Stevens, DO — Headache After Vigorous Exercise
- Stephen Almasi, MD, MS — Rocky Mountain Cry

2014 NCAA Research Award Winner
- Christopher Hogrefe, MD — Longitudinal Improvement in BESS Scores Among NCAA Division 1 Football Athletes

$75,000 in AMSSM research initiatives funded by the AMSSM Foundation
**AMSSM Attends White House Summit on Concussion in Youth Sports**

AMSSM President, Chris Madden, MD; Past President, Kim Harmon, MD; and Executive Director Jim Griffith represented AMSSM at the White House Healthy Kids & Safe Sports Concussion Summit in Washington, D.C. in May. President Obama opened the event with remarks regarding the issue of concussion in youth sports. The Summit, which was held in the East Room of the White House, included a panel discussion and opportunity for partnering organizations to outline new commitments they’re making to address the issue. AMSSM highlighted its commitment to making progress in the area of concussion in the following important areas: Excellence in Patient Care, Education, Research, Advocacy and Collaboration. Other AMSSM members in attendance included Brian Hainline, MD; Jeff Kutcher, MD; and Joel Brenner, MD.

**Collaborative Solutions for Safety in Sport National Meeting**

As an outcome from an AMSSM/NATA Task Force on High School Athletics Health and Safety Policies, the first Collaborative Solutions for Safety in Sport National Meeting was held March 26-27, 2015 at the NFL headquarters in New York City. The goal of the meeting was to bring together state high school athletic associations and sports medicine leaders to discuss and promote implementation of current health and safety best practices.

> “AMSSM represents sports medicine doctors across the entire nation, whether big city or country doc, and unifies us into a passionate voice for the care of our active patients. Without AMSSM, I am an island.”
> - Dawn Mattern, MD
> AMSSM Member

**Push for Federal Legislation to Address State Lines Issue Continues**

The collaborative effort seeking federal legislation to address malpractice and licensure concerns for physicians and athletic trainers traveling across state lines with the teams they care for continues to gain momentum. HR 3722 (and its Senate companion S2220) had more than 50 co-sponsors in 2014. Efforts are underway with AAOS, NATA and other organizations to re-enlist co-sponsors with HR921 and S689, which were reintroduced with the 2015 US Congress. AMSSM members took to the phones at the 2014 Annual Meeting making calls to their members of Congress urging them to support the legislation.

**What’s Next in Advocacy**

**Defining Advocacy Role for AMSSM**

A Policy and Advocacy Task Force is being formed to examine and determine the appropriate role for AMSSM for advocacy and policy issues impacting sports medicine. The Task Force will evaluate AMSSM’s future role in political and policy advocacy; determine the extent and focus of AMSSM involvement in reimbursement issues impacting sports medicine; pursue opportunities for and a process to promote athlete safety in order to advocate for patients and make sports safer; seek to establish an ongoing program of educating members on how to get involved in advocacy issues and who to contact; review the value of the Legislative Handbook and determine how to increase awareness and use; and evaluate the need for staff assistance related to advocacy.
AMSSM is pleased to announce the launch of the AMSSM patient focused website, SportsMedToday. This format will bring up-to-date information about sports health topics to athletes, coaches and parents. The official launch will coincide with the Annual Meeting in Hollywood, Florida in April 2015.

In addition to the new website, a quarterly newsletter, Sports Medicine Today, geared toward the same audience, is now available in print and digital formats located at SportsMedToday.com and features articles written by AMSSM experts on hot topics in sports medicine and important seasonal sports medicine issues. SportsMedToday.com is an interactive website allowing patients, parents and coaches to search for information by sport, body part, medical condition or injuries. Each topic is linked to related topics and AMSSM members can print 1-2 page summaries for their patients directly from the website.

AMSSM includes members who specialize solely in non-surgical sports medicine and serve as team physicians at the youth level, NCAA, NFL, MLB, NBA, WNBA, MLS and NHL, as well as with Olympic teams. By nature of their training and experience, sports medicine physicians are ideally suited to provide comprehensive medical care for athletes, sports teams or active individuals who are simply looking to maintain a healthy lifestyle.

"AMSSM has strongly and positively influenced my medical decision making over the last 12 years based on the well-founded scientifically based evidence presented at the meetings year after year by way of literature reviews and clinical research. This profound educational experience has kept me on the cutting edge of practice trends and best practices to achieve the highest quality of care outcomes/clinical results possible in my day to day medical practice."

- Anuruddh Misra, MD
AMSSM Member

What’s Next in Patient Care
Moving forward, AMSSM will continue to educate patients, the public and healthcare professionals on prevention, diagnosis and treatment of sports medicine injuries and illnesses through SportsMedToday.com by writing relevant articles and information tips sheets. Continue efforts to increase media and public awareness of AMSSM and its member’s expertise in sports medicine and proactively providing direction, guidance and public education materials (toolkits, brochures, etc.) to assist members in educating patients and the public about sports medicine.
FOUNDATION DONORS
We recognize and honor the following AMSSM Foundation Donors who have made it possible to fund sports medicine programs, research, education and initiatives developed by AMSSM.

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 FOUNDERS’ CIRCLE A special recognition given by Founders for cumulative gifts or pledges of $10,000 or more made within five years.

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+ Deceased

CONSIDER A GIFT TODAY
Your tax-deductible gift - regardless of size - allows the AMSSM Foundation to continue advancing the field of sports medicine through education, research and humanitarian efforts.

Donors who make gifts of $50 or more during the 2015 Annual Meeting will be invited to attend a Foundation reception during the 2016 Annual Meeting.

Donate securely online at www.amssmfoundation.org
Humanitarian Service Project

AMSSM Members and their families arrived in Hollywood, Florida a day early to participate in the AMSSM Annual Meeting Humanitarian Service Project as part of the Foundation’s Impacting Lives: Why We Give Back Initiative. Members worked with the Boys & Girls Club of Broward County Carver Ranches Unit in enhancing their outdoor athletic court, constructing player benches and a butterfly garden in addition to other landscaping and beauty enhancement projects needed in the area.

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