

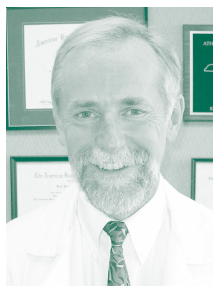
LETTER

SPORTS MEDICINE



President's Message

*Presented at the
12th Annual Meeting,
April 5–9, 2003,
San Diego Hilton
Resort, San Diego,
California*



Karl B. Fields, M.D.
AMSSM President

AMSSM Past, Present and Future

With humility and a spirit of dedication to this organization, I am pleased to assume the presidency of the AMSSM. I would like to thank first, my wife and children who have graciously accepted the time commitments I have made to this organization while being away from family. Secondly, I would thank my sports medicine fellows and faculty colleagues who have continued the care of my patients in my absence. Thirdly, I thank those of you in the AMSSM who have placed confidence in my ability to lead this fine organization.

AMSSM, now in its second decade is a successful organization with enough history that we can ask what have we learned from our past. To become a healthy entity, a new society must successfully confront crisis with strong leadership. While a shared vision started this worthy endeavor, leadership and crisis management allowed the AMSSM to evolve into the organization that we have today.

The first crisis faced by AMSSM was simply to establish a credible national presence in a field that already had powerful sports medicine organizations vying for the loyalty of AMSSM members. We had to have a unique niche. We found this by reaching out to primary care physicians who were sports medicine doctors. We made them the priority and focus of AMSSM. Since there were not large numbers of primary care physicians in prominent sports medicine positions in 1991, certain individuals rose to the challenge of creating recognition

for this type of doctor. This vision of a new medical society acknowledging the expertise of sports medicine physicians would not have succeeded except through the wisdom, dedication and personal financial contributions of our founders. To them, we owe thanks for the existence of AMSSM and for their efforts to make us the premier society for sports medicine doctors.

FOUNDERS OF AMSSM

Randy Eichner, MD	Doug McKeag, MD
Elizabeth Gallup, MD, JD	Larry McLain, MD
Brian Halpern, MD	Robert Murphy, MD
Jack Harvey, MD	James Puffer, MD
John Henderson, MD	Lee Rice, DO
Stan Herring, MD	Douglas Shaw, MD
David Hough, MD	Deborah Squire, MD
Robert Johnson, MD	Michael Storey, DO
Greg Landry, MD	Richard Strauss, MD
John Lombardo, MD	Jeff Tanji, MD

A second crisis faced by AMSSM was the decision either to stand on our own feet or to merge our efforts with other national organizations. Early efforts to tie our annual meetings to those of the AOSSM and on more than one occasion to merge our annual meeting with the AOASM reflected uncertainty among our leadership as to what direction the AMSSM should follow. While we found other organizations that share many of our values, our board of directors has determined that our own membership is the real strength of our group. We realized that we must maintain our own identity and dedicate our own annual meeting to best meet the needs of our members. While collaboration is a positive part of our relationships with other organizations, we must be sure these efforts strengthen AMSSM and serve the long-term interests of our membership. The past mistakes we made were not in seeking to collaborate, but in doing so before we had firmly established our own identity and our own priorities.

A third and serious crisis that had the potential to end AMSSM was that of financial solvency. Until membership dues and revenues from an annual meeting reach a sufficient level, every organization operates on a tight margin. One year of serious expense overruns strained our finances badly enough that founders actually contributed personal monies to see that we had adequate dollars to perform our administrative functions. The resolution of this came through the leadership of Brian Halpern who devoted considerable effort during his term as President to ensure that we would return to sound financial

footing. Excellent presidential leadership has helped the AMSSM weather each of these early crises. I would like to recognize our past presidents for their guidance through the difficult years of becoming a stable society.

PAST PRESIDENTS

John Lombardo, MD 1992–1994
Doug McKeag, MD 1994–1996
James Puffer, MD 1996–1997
Greg Landry, MD 1997–1998
Lee Rice, DO 1998–1999
Deborah Squire, MD 1999–2000
Brian Halpern, MD 2000–2001
Jeff Tanji, MD 2001–2002
Rob Johnson, MD 2002–2003

Successful organizations not only deal with crises but also have significant accomplishments. I would emphasize the following achievements as ones which AMSSM can take justified pride. The first, is the annual meeting that has become a hallmark of our organization. Collaboration with NASS, PASSOR, exchange lectures, international exchanges, research forums, two minutes—two slides, and specific educational themes have complimented excellent presentations from our members and invited speakers. Attendance at the meeting now exceeds 400.

Secondly, starting with Jim Puffer's presidency, we have actively sought to diversify our membership and our leaders. In recent years, Pat Eiff has worked diligently to champion this effort as chair of the Diversity Committee. We have included women and minorities into our programs and our leadership. While we have much more to accomplish in this area, AMSSM remains committed to this goal. Cindy Chang will be taking over the important role of this committee.

One concept that has changed since the founding of the organization has been the move to become inclusive rather than exclusive. The idea of having a selective application process requiring evidence of sports medicine expertise was to ensure that AMSSM would be an organization truly limited to sports medicine doctors. While our charter members were experienced sports medicine physicians, as an organization, we have committed to nurturing the next generation of sports medicine practitioners. Our first step in this regard, was to develop a membership category for sports medicine fellows. More recently we added a resident membership category to attract those trainees who will likely pursue sports medicine careers. A recent addition was to develop a membership category by board petition. This allows us to add experienced sports medicine physicians who may not have originally certified in the standard specialties or who trained in international systems with different board standards. With these changes, our membership now exceeds 800 and with this growth comes greater influence.

The present day AMSSM is a society growing in size, inclusive of physicians at all phases of their careers and more diverse

than ever. We have a stable financial picture and active committee structure. Important traditions are beginning to emerge with our commitment to our annual meeting; our founders award; our humanitarian award; awards for research and presentations; and our foundation. However, for our society to thrive during our second decade, new leaders must also emerge. Rob Johnson finishes his term as the last of the founders to be President of AMSSM. While I will become the first President not to have been a founder of the organization, Margot Putukian likes to remind me that I still represent the "older generation of leadership." When she assumes the presidency next year, she will be the first President to have completed one of the established sports medicine fellowships. A look at our board members shows a nice mix of experience and youth with most of these doctors completing one of our sports medicine fellowships.

BOARD MEMBERS FOR 2003–04

Mark Batt, MB.B Chir	Dave Jenkinson, DO
Cindy Chang, MD	Liz Joy, MD
Katherine Dec, MD	Fran O'Connor, MD
John DiFiori, MD	Steve Simons, MD
Kim Harmon, MD	Paul Stricker, MD
Mike Henehan, DO	Craig Young, MD

I expect that this group will lead AMSSM to new heights. A new generation of sports medicine leadership is clearly beginning to emerge.

What will ensure the future of AMSSM will be a success? I would like to suggest three themes that will promote this. One, is to continue an emphasis on research—highlighted by Jeff Tanji during his presidency. We need to become the leading organization that generates clinical research in sports medicine to guide our practices. While ACSM contributes greatly to sports science and AOSSM promotes sports surgical research, AMSSM can claim our own niche that will bring us recognition. Sponsorship of the annual fellows research conference is an investment in the future of AMSSM and should continue.

Secondly, we should be a major contributor to the national dialogue on sports policy. Collaboration with the NCAA, participation on ACSM position statements, work with NATA, participation in the joint commission on sports medicine and similar activities are ways in which we have involved the AMSSM in the key issues of sports medicine. Our continued pursuit of these types of initiatives will allow us to represent the best interests of our patients by encouraging healthy sports participation and wellness.

Thirdly, as an organization that embraces the ideal that every patient should be treated like an athlete, AMSSM should take a leadership role in promoting fitness as health. This means we should recognize our members who become the "team physicians" for their communities or for special populations just as we do our team physicians who serve Division I athletes.

We need to build on efforts of our high school team physician interest group to improve sports coverage at that level. We have a unique opportunity to take what we have learned in sports medicine and apply it to all age groups. The larger goal of our organization should be to influence the practice of medicine so the patient's fitness and exercise history becomes just as important as every other component of the medical evaluation. Fortunately, evidenced based medicine now supports our position about the benefits of fitness and will be our ally in changing how medicine is practiced.

Summary

AMSSM is a successful organization poised to transition into a new phase of our organizational life. We are on the threshold of welcoming a new generation of leadership. As this organization moves forward, we should not forget the dedication and the lessons of leadership from those who helped us survive the challenges of our first decade. We should affirm a commitment to excellence in sports medicine. We should embrace inclusiveness and continue to guide the best and brightest residents and fellows to successful careers in sports medicine. We should step forward, not only to provide national leadership in the treatment of athletes, but also to promote exercise as the foundation for a healthy society. Finally, we should embrace the tradition so amply in evidence at our annual meeting of sharing fun, fellowship and excitement while working to achieve the best in sports medicine.

AWARDS

Awards were presented at the 12th Annual Meeting in San Diego, California. \$500.00 cash awards and plaques were presented for the Harry Gallanty Young Investigator's Award and "Best Overall Research Abstract". In addition, a \$250.00 award and plaque were presented for the best research poster. Two \$50.00 awards were given for the best 2 Minutes—2 Slides presentation. This year's recipients were:

2003 Founders Award – Cindy Chang, M.D.

Best Overall Research – Elizabeth Joy, M.D.

**Harry Galanty Young Investigator's Award –
Thomas Kohl, M.D.**

Best Research Poster – Mark Booher, M.D.

**AMSSM Resident Scholarship Award –
David Priebe, M.D. and Adam Redlich, M.D.**

Call for Pneumothorax Cases

Anyone who has treated an athlete for a traumatic or spontaneous pneumothorax and did not fill out a survey form

at the annual meeting in San Diego, is requested to contact Chad Carlson, M.D. for inclusion in the case series. We would like to determine some common sense return-to-play guidelines according to current practice standards. Thank you in advance for your attention to this.

Email: Chad.Carlson@Carle.com

Phone: (217) 326-1914

International Committee Report

A significant and exciting event will be held adjacent to our next annual meeting in April 2004. This event is called the Combined International Meeting 2004: Rendez-vous Vancouver, April 14–17th. This will be followed by AMSSM 13th Annual Meeting: April 17–20th (both at Westin Bayshore Hotel, Vancouver, BC).

Lippincott, Williams and Wilkins publisher of Clinical Journal of Sports Medicine, has pulled together AMSSM, CASM, ACSP, PASSOR, UKADIS and AOASM and each is to organize a session of education co-coordinated by Dr. Douglas McKeag (program chair for Rendez-vous meeting). The AMSSM half-day educational program is to be coordinated by Dr. Robert Johnson. On behalf of UKADIS, I shall chair a session exploring specialty development in Sports Medicine. This is a great opportunity to mix with like-minded Sports Medicine doctors from around the world and I urge everyone to consider attending.

On a more parochial level, I am handing over the chair of this group to Steve Simons, M.D. whom I'm sure many of you will know. It has been an honour and pleasure to be involved with the group and I look forward to developments in the future. If you wish to contribute, please get in touch.

Respectfully Submitted,
Professor Mark E. Batt, MB.B Chir
Chair, AMSSM International Committee

Research Committee Report

The Research Committee has been communicating via email and a recent conference call. Several issues have been discussed:

Annual Meeting

- The current abstract form will be reviewed for modifications including the requirement that both the lead author and presenter be members of the AMSSM. It was also suggested the lead author list the year they completed fellowship training in order to more easily identify those eligible for the Harry Galanty Young Investigator's Award.
- A formal scoring system for the review of the abstracts submitted to the committee is being developed.

ELECTED 2003–2004 OFFICERS AND BOARD OF DIRECTORS

- Each research presenter at the Annual Meeting will be allotted 15 minutes (8 minutes for presentation, 7 minutes for questions/discussion).
- The committee is considering ways in which to increase the recognition of research presented at the Annual Meeting to those within and outside of the organization.
- The committee plans on meeting in Vancouver at the Annual Meeting. Details to follow.

Website

- The committee has begun the process of establishing a posting on the AMSSM website. This would include items such as information regarding the submission of abstracts, the summer research workshop, research awards, and award winning abstracts. Links to sites of interest including grant sources would also be included.

Research Workshop

- The evaluations from this year's workshop were once again very positive.
- The committee seeks to work together with the Board to continue increasing the number of fellowship programs who have their fellows participate in the meeting.

Mission Statement

- The group discussed the need to re-define the committee's purpose within the AMSSM.
- A draft of a new mission statement is being developed for presentation to the Board.

Another conference call will be held in November to discuss the committee's progress prior to the Board of Directors meeting in December.

Public Relations Committee Report

As you know, we have completed the brochures for the membership to utilize in promoting awareness of your value as a sports medicine physician. We want to address the needs of the membership, and the organization as an entity, in our goals. As we plan for our future direction within our committee, we would like your feedback.

How can PR assist you in your goals as a member of AMSSM?

Please email Katherine Dec, M.D., Committee Chairperson at prohaska@erols.com regarding your wishes for PR to address on the question above.

OFFICERS

President

Karl B. Fields, M.D.

First Vice President

Margot Putukian, M.D.

Second Vice President

James M. Moriarity, M.D.

Secretary/Treasurer

Robert J. Dimeff, M.D.

Immediate Past President

Robert J. Johnson, M.D.

BOARD OF DIRECTORS

Mark Batt, MB.B Chir

Nottingham, UK

Cindy Chang, M.D.

Berkeley, CA

Katherine L. Dec, M.D.

Richmond, VA

John P. DiFiori, M.D.

Los Angeles, CA

Kimberly Harmon, M.D.

Seattle, WA

Mike Henehan, D.O.

San Jose, CA

David Jenkinson, D.O.

Chattanooga, TN

Elizabeth Joy, M.D.

Salt Lake City, UT

Francis O'Connor, M.D.

Fairfax, VA

Steve Simons, M.D.

South Bend, IN

Paul Stricker, M.D.

La Jolla, CA

Craig C. Young, M.D.

Milwaukee, WI

NATA Statement on Exertional Heat Illness

AMSSM member, Kimberly Fagan, M.D. represented the AMSSM at the first ever Inter-Association Task Force on Exertional Heat Illnesses Consensus held earlier this year. Guidelines were established to increase safety and performance for individuals engaged in physical activity, especially in warm and hot environments. Strategies to optimize proper care of dehydration, exertional heat stroke (EHS), heat exhaustion, heat cramps and exertional hyponatremia are presented in the Consensus Statement. The Consensus Statement was developed by medical/scientific experts experienced in the prevention, recognition and treatment of exertional heat illnesses. **For copies of this Consensus Statement, please visit the NATA website at www.nata.org**

MARK YOUR CALENDARS!

CALL FOR RESEARCH/CASE/2 MINUTE ABSTRACTS **Deadline: December 15, 2003**

Included in this mailing are the Case, Research and 2 Minutes—2 Slides Abstract Forms. Please read the instructions carefully before submitting your abstracts. Abstract deadline is December 15, 2003.

ADVANCED TEAM PHYSICIAN COURSE **December 11–14, 2003** **The Pointe at Squaw Peak Resort** **Phoenix, Arizona**

The 2003 Advanced Team Physician Course will be held December 11–14, 2003, at The Pointe at Squaw Peak Resort in Phoenix, Arizona. Call the AMSSM National Office for more information (913) 327-1415.

RENDE-VOUS 2004 **(International Sports Medicine Conference)** **April 14–17, 2004** **Westin Bayshore** **Vancouver, British Columbia**

Lippincott, Williams and Wilkins, publisher of the Clinical Journal of Sports Medicine, has pulled together AMSSM, CASM, ACSP, PASSOR, UKADIS and AOASM and each group will organize a session of education co-coordinated by Dr. Douglas McKeag, Program Chair for the RENDE-VOUS Meeting. This is a great opportunity to mix with like-minded sports medicine doctors from around the world.

AMSSM 13th Annual Meeting **April 17–20, 2004** **Westin Bayshore** **Vancouver, British Columbia**

The planning committee is completing work on this year's exciting program. Expect to see your program brochure in early

January. We are excited to announce that registrants of the AMSSM 13th Annual Meeting are invited to attend the Saturday Session, April 17, at the RENDE-VOUS 2004 International Meeting for no additional cost. These lecturers will not overlap with the AMSSM Meeting and further details will be sent out in the AMSSM brochure mailing in January. We would like to encourage everyone to attend both the Rende-Vous International Meeting and the AMSSM Meeting as both will offer cutting edge lecturers on sports medicine. Attendance at other portions of the Rende-Vous Conference will require separate registration fee. The registration form is included in this mailing. If you have questions, please feel free to call the AMSSM National Office at (913) 327-1415.

AMSSM 13TH ANNUAL MEETING PLANNING COMMITTEE

Paul Stricker, M.D., Chair, Mark P. Bouchard, M.D., Kevin E. Burroughs, M.D., Christopher Koutures, M.D., John P. DiFiori, M.D., Karl B. Fields, M.D., Jeffrey R. Kovan, D.O., James M. Moriarity, M.D., John O'Kane, M.D., Andrea L. Pana, M.D., Jodi A. Pelegrin, D.O., Margot Putukian, M.D., and Craig C. Young, M.D.

AMSSM SPORTS MEDICINE BROCHURES

Please visit the AMSSM website www.amssm.org to view the new brochures which have been developed by the AMSSM Public Relations Committee. If you would like to order these brochures for your office, the cost is \$75.00 per 100. Please send your order request and payment to the AMSSM office. The brochures include:

What is a Sports Medicine Specialist? Is It a Career for You?
An information brochure on sports medicine specialists geared towards medical students and residents.

What is a Sports Medicine Specialist?
An information brochure on sports medicine specialists geared towards insurance companies.

What is a Sports Medicine Physician?
An information brochure on sports medicine specialists geared towards AMSSM members and other professionals or companies.

AMSSM RESIDENT SCHOLARSHIP AWARD **DEADLINE: December 15, 2003**

This award is given annually to resident applicants who best demonstrate a commitment to a career in sports medicine. Scholarship recipients will be selected by the Membership Committee. The purpose of the scholarship program is to provide assistance to resident members who want a career in sports medicine and want to participate in the AMSSM Annual Meeting. There will be a maximum

of three \$1,000 awards granted from the AMSSM Foundation. One award will be granted to an individual in an underrepresented group. More information regarding the criteria and qualifications for the scholarship are included on the application. To receive an application, please visit the AMSSM website www.amssm.org or call the AMSSM office at (913) 327-1415. **The deadline to submit an application for consideration of the AMSSM Resident Scholarship Award is January 15, 2004.**

ABSTRACT DEADLINE: December 15, 2003

Included in this mailing are the Case, Research and 2 Minutes—2 Slides Abstract forms. Please read the instructions carefully before submitting your abstracts. If you would like to submit your abstract on-line, please visit the AMSSM website at www.amssm.org.

POLO SHIRT

AMSSM Polo Shirts are available in white with a green collar and AMSSM logo. This shirt is available in XX-Large, X-Large, Large, Medium, and Small. The cost is \$30.00. Please complete the order form below and send your order form to: AMSSM, 11639 Earnshaw, Overland Park, KS 66210.

Name: _____

Mailing Address: _____

City: _____

State: _____ **Zip Code:** _____

XX-Large X-Large Large Medium Small

Check payable to AMSSM—\$30.00

Credit Card: Visa MasterCard

Card #: _____

Expiration Date: _____

Signature: _____

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