

A decorative graphic consisting of a thin yellow circle on the left side. A horizontal bar with a light olive green gradient extends from the circle across the top of the slide. The bar is framed by a thick black bracket on the left and a thick yellow bracket on the right.

AMSSM Resident Presentation

*...a road map to a Sports
Medicine Fellowship*

QuickTime™ and a
decompressor
are needed to see this picture.

[Objectives]

- The Road to Fellowship...
 - Intern Year
 - Second Year
 - Third Year
 - Encouraged Activities
- The Application
- Important Dates
- The Interview
- The Fellowship

[The Intern Year]

- Build a strong foundation in your specialty
- Make contacts in Sports Medicine
 - AMSSM website-local docs, mentorship program, etc.
 - Word of mouth
- Obtain the AMSSM fellowship application
 - Use as a guide toward fellowship
- Attend a national/regional meeting
- Get involved locally:
 - Event coverage!
 - High School Coverage
 - Talks to community groups
 - Participate in coverage of mass par events

[The Second Year]

- Take on more responsibility with local sports medicine involvement:
 - Continue event coverage
 - Residency education
- Case presentation/Journal article
- National/Regional Meetings
- Electives
 - Away or not?
 - Spring
- Begin to look/research programs
 - What are you looking for in a program?
- Fall/Winter: AMSSM Resident Scholarship
- Spring: Begin Application
 - Start PS & CV, Collection of LofR

[The Third Year]

- Stay Involved
- August: Submit the application
- Summer/Fall – Away Elective
 - (Finish application for the program before the time of rotation - interview during rotation)
- October-Dec: Prepare for the interview
- Enjoy

Encouraged Activities

- National Organization Membership:
 - AMSSM, ACSM
- AMSSM Resident Scholarship
- Event Coverage & Shadowing
- Residency Projects:
 - High school, Lectures, Curriculum
- Longitudinal Sports Coverage
- Primary Care Activities
- Away Electives:
 - Spring 2nd yr/Fall 3rd yr
 - Contact programs early

[The Application]

- Begin early and Be organized
 - Submit by end of August 3rd year
- Universal application found on AMSSM website (no ERAS)
- CV:
 - Keep it updated from the beginning
 - Start work spring of 2nd year
- Letters of Recommendation:
 - Three: Program Director, AMSSM member, faculty on rotation
 - Start spring of 2nd year
- Personal statement
- Miscellaneous:
 - Medical school diploma/transcript, state licensures, certificate of training, USMLE scores, etc.

[The Application]

SPORTS MEDICINE ROTATION (Dates, Type, Location, Instructor):

SPORTS MEDICINE COVERAGE (Games, Events, Training Room, Other):

[The Application]

SPORTS MEDICINE CONFERENCES:

Attended: _____

Presented: _____

Publications (author, title, publication, date - use additional sheets if necessary): _____

[Important Dates]

- September 3, 2008
 - Match open
 - Register with NRMP at www.nrmp.org
- Application Deadline
 - Varies from program to program
 - Late September to mid-November
- November 5, 2008
 - Rank order list opens
- December 17, 2008
 - Rank order list closes
- January 7, 2009
 - Match Day

[The Interview]

- Be courteous
- Dress appropriately
- Be interested
- Be honest
- Know you - What you want
- Know your application
- Ask questions:
 - Program consistent
 - Keep set of important longitudinal questions
- Research programs/Know the program

Statistics for 2009 Match

2009 Primary Care Sports Medicine Match Results

Programs

<u>Category</u>	<u>Number</u>	<u>Percentage</u>
# of Programs	92	
Programs Filled	87	95%
Programs Unfilled	5	5%

Positions

<u>Category</u>	<u>Number</u>	<u>Percentage</u>
Positions Offered	138	
Positions Filled	133	96%
Positions Unfilled	5	4%

Applicants

<u>Category</u>	<u>Number</u>	<u>Percentage</u>
Number Applicants	183	
Number Matched	133	73%
Number Unmatched	50	27%

[Overview of Fellowship]

- A day in the life of a Fellow
 - Clinical responsibilities (Office, training room, etc.)
 - School coverage & responsibilities
 - HS, college, & professional
 - Other coverage
 - Marathons, tournaments, etc.
 - Didactics/Journal club
 - National/Regional meetings
 - Presentations

[Websites - Resources]

- www.amssm.org
- www.aoasm.org
- www.acsm.org
- www.nrmp.org
- www.aafp.org
- www.aap.org

AMSSM Website - Resident/Student

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[AMSSM Website](#)

[Questions]

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